Poetradas del Federico.

Por Federico Soto del Alba.

Triste, pobre y mala poesía escrita por el Federico pero inspirada en aquello que siempre lo motivó a la Amistad, el Amor y el Romance: las Mujeres, ¡Gracias!

Cada Poesía en este Humilde Libro fue mi respuesta animada por el trabajo intelectual de alguna de Ellas…

Niño Sicario y de la Guerra Fría que sobrevivió atentados de abuso y tráfico sexuales. Niño genio que aprendió solo a leer antes de los 5 años de edad, química inorgánica y ecuaciones diferenciales antes de los diez.

Médico General Retirado amante de cientos de mujeres sin consejos que dar ni mujer que amar…

Ex-residente de Radiología y ex-alumno de Posgrado en Química Farmacéutica, como estudiante conferencista y profesor en Biomedicina y Farmacología.

Autor de Cuentos de Amistad y Romance del Federico, el Niño de la Lonchera Azul, La Sombra y el Humo, Cuentos de Ficción y Fantasía del Federico, el Convento Universitario de la Pureza, La Historia de Vie (Cuentos de un Niño) y Short tales of Fantasy, Fiction, Romance and Friendship by El Federico.

Entre otros escritos no literarios acerca de Ciencia, Lógica, la Realidad y la Mente…

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Mis rimas demasiado verdes para ser poesías...

Mis primeros intentos de escribir Poesía, como siempre: la inspiración es obvia, gracias...

Poesía 1

Sola no estás si no te quieres quedar.

Sean gentiles...

Contigo pierdo la vida

Solo tu amor no dará más

Amar a otras es mi guarida

A ellas abandonar nunca jamás

Amarlas a ellas no me habla de amor

Hablas por ellas como si fuera favor

Ellas me aman sin ningún rencor

Proferir tu amor me causa dolor

Su amor es placer

Con ellas desfallecer

mi vida hace extender

Amor no lo puedo entender

Solo palabras me das

contra entrega de las demás

Lamentas Amor como si no hubiera más

Con todo tu amor entregado no me fuera jamás

Solo con ellas no más estar

Solo contigo te quisiera amar

Solo palabras me das malestar

¿Amas a ellas? ¿o me quieres amar?

La muerte no quiero esperar

Su amor asfixiante lo puedo cargar

En tus palabras quebrantes no debo confiar

Actuaciones eróticas, acaso ¿me quieres matar?

Yo solo ha ti

palabras mortales no quiero estar

Con ellas mi Vida no es solo vida

Es ambrosía que me da bienestar

Palabras y más es lo que me hace amar

Corazón vacío eco que prefiero olvidar

Dime que sí

Que solo contigo te quieres quedar

Ha: desus. ah (‖ para denotar pena, admiración o sorpresa) [Del diccionario de la RAE].

Previamente publicada el 5 de Enero de 2025.

Gracias

Federico Soto del Alba

Poesía 2.

Amor y Certeza (Celos).

No me digas que escoja una cosa

Que tú con ella tienes los pies en la tierra

No me digas que no me ponga celosa

Sigue y tu cabeza pierdes con esta sierra.

No me digas que estás loco por ella

No me digas que lejos de mí hallas paz

Dime, amor, ¿quieres que no quede huella?

Si vas con ella, cuerpo sin cabeza te vas.

Previamente Publicada el 6 de Enero de 2025.

Gracias.

Federico Soto del Alba.

Poesía 3.

Extraño

Sin apoyar alguna acción de Neruda:

Confieso que eh bebido

Confieso que mejor no haber nacido

Confieso inacceso a mi haber de retiro

Confieso que las extraño

Confieso que nunca les fui extraño

Confieso que pude ser infame

Confieso que no hubo quien más las ame

Confieso que aún las amo

Confieso su amor aún es mi amo

Las extraño…

Previamente Publicada el 9 de Enero de 2024.

Gracias.

Federico Soto del Alba.

Poesía 4.

Inspiración.

Mi amor solo en tu vientre no anida

solo por decirme mi vida

mi vida

con otras quiero volar

mi vida busca otras a quien amar

cuando no me dices mi vida

extraño tu vientre querida

Mi vida no es tuya

Y solo tu vientre no es vida

Entrégate a mi

Y yo con ti

Daré para ti

lo que me reste de vida.

Previamente publicada el 9 de Enero de 2025.

Gracias.

Federico Soto del Alba.

Poesía 7.

Ni para qué llorar, sensacionalismo es llorar por el americano excepcionalismo.

Confieso me he ¿mojado?

Confieso en estos tiempos raros he llorado

Languidezco, húmedo, cansado y agotado…

Expuesto, mal informado, desinformado.

Además, si fuera posible, bulado.

Pasado Burlado, agotado, cansado, acabado.

Sobre ese piso es lluvia sobre mojado.

Lánguido te leo Sofía Hernández llorando.

Sólo a través de la ventana el gotear observando.

Gravedad es que lo que sube ha bajado…

¿La nueva inteligencia de novo te ha engañado?

¿A novo periodista los videos te han bulado?

¿Bulo burlón otra vez de novo te han burlado?

Como periodista ante un video ¿antes habías llorado?

¿Sofía, tu también te encuentras desadopaminando?

Suena desadopaminado, como si todo hubiera acabado…

No llores el engaño de todo lo que es Facebukeado.

Desarmadas afiladas politqueadas a Marte van llegando.

No me da igual, no me digas que has llorado,

espera hasta que Zuckerberg esté chingado…

¿Sofía, hasta ahora el populismo te ha encontrado?

¿Hasta hora, en verdad es posverdad que te ha alcanzado?

¿La ignorancia opiácea sempiterna del pueblo te ha derrotado?

¿Las diferencias del pueblo alemán ahora te han perplejado?

¿El etéreo espejismo de algún excepcionalismo te ha anubarrado?

¿No se te hace demasiado abigarrado para estar nublado?

No son los demagogos, es ése pueblo todo obnubilado

que camina dirigiéndose de espaldas ante la verdad agachado

sobre el brillo tenue de un juguete caminando drogado…

Libertad americana es tener al pueblo desinformado

Eso a mi, para nada, nadita, ni siquiera, me ha agotado

¿Para qué recojo el manto del libre hablar cuando no es sagrado?

Que lo recoja el que por otros sin razón ha llorado…

¿El cielo llora sobre lo que el odio ha cuidado?

¿El cielo crece, fertiliza, lo que el vitriol, cercado, ha cultivado?

¡A la chingada, caminando, que recojan lo que han sembrado!

Previamente publicada el 4 de Febrero de 2024.

Gracias

Federico Soto del Alba.

Poetry 5.

Hate

Today is a day of drink and dance

Let us hail at Batman's head on a lance

Let us rejoice with a dead democracy stance

Pounder our chests behind our hatred advance

Do not let caring concern slow us ever more down

Let's not fret all our hate is to be more than upon frown

Embrace our hate and its haters more than our own

Liberty is looking us down, but hers is contemplative gown

For freedom no teeth, not much it can bare

Let me tell you just this: In hate can we trust

Trust me do not when I say just for thee: spare…

Spare me a hate, and only on hate bare we must

Must I say just of these?.

Reliance you must, I have a post for just thee…

Previously Published on January 11, 2025.

Inspired by I Claudius, the TV series from the BBC and Batman, the movie, with Jack Nicholson and his impressive performance as the Joker.

Thanks.

Federico Soto del Alba

Estos textos originales de mi autoría los publiqué el 5, 6, 9 y 11 de Enero, el 3 de Febrero, el 1 y 7 de Septiembre de 2025.

Poesía 8.

Solo si el tiempo te permite esperar

solo la sombra entra donde tú estás

por eso estoy solo

nadie se decide acercar

no soy yo el que no llega

eres tú quien siempre se va

eres es tú quien se esconde

cuando me permites entrar

por eso estoy solo

contigo solo así puedo estar

cuando te escondes

conmigo quieres estar

solo así te conozco

cuando entre las sombras

asomas deseo de conmigo andar

¿Andas conmigo?

¿O solo entre sombras puedes brillar?

¿Solo conmigo cuando sola estás?

Solo contigo cuando me permites estar…

Entre las sombras solo no quiero estar

Quiero todo contigo cuando me permites brillar

Temo que estando sola el tiempo no te haga esperar

Sufro el momento en que me quieras abandonar

Gracias.

Federico Soto del Alba.

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Poesía 9.

¿Antes de acordarte de mí?

Yo no me acuerdo de ti

ni paula, ni latinamente.

Aunque olvide todo últimamente

Si no te acuerdas de ti

Ni yo de mí, ni de ti ni de mí

escribiré con la mano que me acuerdo de ti…

¿Para qué te engaño?

Que quede así:

¡Venga esa mano!.

Con un fantasma en estacionamiento sola

Pesado con el fantasma arriba de la alcoba

Riéndose sin hacer sentido la cosa

Expiando cosas como toda pecadora

Que bueno que no puedes dormir ahora

Pecadora, sola, pesada, suena casi famosa.

Solo falta que en vez de, hable la lavadora…

Porque siendo así, dudo el guardia tenga secadora.

Gracias.

Federico Soto del Alba.

Este texto original de mi autoría lo publiqué el 14 y el 23 de Septiembre de 2025.

Rima a Denise Dresser Número 1. (y Además Guerra)

¡Iuuuh! ¡Ieeuuh!

¿Qué pecado no indulgente cometió Vd Estimada Denise para merecer cuántos hilos compactos de tanta maldad humana que ni a la hueva le roban la modestia?.

Entiendo que su estilo contencioso no abonó para que frutos más impíos no migraran de Harry Potter a las redes sociales como si fuera de rigor que de su fortaleza humana las hidras de la hiel mancillaran su Santo Encanto que este Varón nunca conoció de forma encarnada, mas no carnal, ni al caso.

Como si destinada a caminar en Voto de Silencio ante la amargura ajena.

¿De dónde viene tanta Pena que va creciendo en pos de sus Encantos Animosos que lejos de ser pasmosos revestidos de su Figura Pulcra no son más que dulzura a recibirlos sin enojos para los que además siempre pecan de Babosos: Ni duda cabe la Mente de Desliz que sobre su hermosa nariz ofende a los rijosos tiene más altura digna de admirarse y sin embargo a este humilde servidor no le impulsa para invitarse a volar.

Mas, al caso, ¿qué pedo con eso?, ¿de dónde tanto odio de muchacho perverso?. Dichos Fastidiosos en contra de ¡qué! dama no dice más que a volar Enojosos…

Acto seguido necesito escribirle un poema jacarandoso no lujurioso ni amoroso, no se vayan a confundir o equivocar, a la Periodista más Sexy del Mundo, o cuando menos de México: Anabel Hernández… Va…

Gracias.

Federico Soto del Alba.

Fin de este escrito original de mi autoría previamente publicado el 24 y 31 de Agosto de 2025.

Un Romance de los Tres Reinos u Oda a Denise Dresser.

Preclara Denisse Dresser y además Guerra:

¿Quién sabría que con el tiempo inconsecuente para vos,

trascendente e inclemente y aún así, su belleza de viva voz,

que aunque no le narro aquí por ser obvia quizá para los dos,

corriendo consecuente, exquisita figura de su mente feroz,

quedó como pendiente del canal cuarenta o ¿quizá del veintidós?.

¡Ah!, ¿quién o qué quedó pendiente?, pues eso, vos y voz, las dos...

Pendiente la hermosura que con el tiempo altura no ha perdido,

voz que con el movimiento del tiempo, en piropo desprendido

no quede más pendiente que el dolor de nunca haberla conocido.

Que mi aprecio por ti, no sea ignorado por no ser desprendido.

Cierto es que yo ni siquiera había nacido, luego entonces,

si yo no había nacido y su belleza permanece, justo es,

que tras un Piropo no quede nada pendiente en 1, 2 y 3...

como si no hubiera nacido nada queda pendiente otra vez.

Aunque un halago genuino siempre es bien merecido,

no necesariamente merece ser correspondido.

El piropo masculino además de arte perdido

desafortunadamente ha sido muy mal entendido:

Este halago mío no espera nada más que ser leído.

Por vos y de propia voz

Estimada Denise: Os digo adiós,

no queda nada pendiente

Ni del cuarenta ni del veintidós.

Gracias.

Federico Soto del Alba.

Este texto original de mi autoría lo publiqué el 30 de Julio de 2025.

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Acerca del Autor.

—"La Mente es un alma que se dice adherida
al Cerebro y además en otro Planeta…"

—"Meh…"

Niño Sicario y de la Guerra Fría que sobrevivió atentados de abuso y tráfico sexuales. Niño genio que aprendió a leer solo antes de los 5 años de edad, química inorgánica y ecuaciones diferenciales antes de los diez.

Médico General Retirado amante de cientos de mujeres sin consejos que dar ni mujer que amar…

Ex-residente de Radiología, ex-jefe Académico de Residentes y ex-alumno de Posgrado en Química Farmacéutica; como estudiante universitario conferencista y profesor en Biomedicina y Farmacología.

Primer lugar en el Examen Nacional para Aspirantes a Residencias Médicas para Psiquiatría y Tercero para Radiología.

Dicen que fui el mejor Residente de Radiología por años según los resultados de exámenes estandarizados, de nada me sirvió…

Autor de ***Cuentos de Amistad y Romance del Federico***, ***El Niño de la Lonchera Azul***, ***La Sombra y el Humo***, ***Cuentos de Ficción y Fantasía del Federico***, ***El Convento Universitario de la Pureza***, ***La Historia de Vie*** (***Cuentos de un Niño***), ***Cuentos Sexuales y Románticos del Federico*** y ***Short tales of Fantasy, Fiction, Romance and Friendship by El Federico***.

Entre otros escritos no literarios acerca de Ciencia, Lógica, la Realidad y la Mente…

Hasta la mitad de mi vida para mi Sociedad fue más importante mi capacidad de Ejercer Violencia sin represalias que mi inteligencia, mis talentos o mis esfuerzos, la otra mitad la he pasado sobreviviendo distinto a como cuando fui niño: no lo esperaba pero era predecible. Quizá logre algún día escribir cuentos como Arreola, esto fue un buen inicio…

—"Tuve una vida muy interesante y no tengo qué enseñar por ella…"